



Your Best Health, LLC

Let's take charge of your health

Happy New Year! Have you thought about a Metabolic Cleanse?



Set the stage for your best health in 2018 with a healthful cleanse!

Why a Cleanse? Although everyone is different the possible benefits include:

- ✓ Enhance your energy levels and weight loss
- ✓ Greater joint comfort and pain relief
- ✓ Improved focus and memory
- ✓ Better sleep
- ✓ Nicer skin appearance and health
- ✓ Reduced inflammation

You've heard of detox programs; most don't consider what is necessary for success and are not science based.

Join us for a **FREE** informational session to learn more about our safe and balanced metabolic cleanse which is supervised by a MS, Clinical Nutritionist.

Friday, January 12 @ noon (bring your lunch!)

Tuesday, January 16 @ 4:30 pm

**At Lee Farm Conference Room in Lee Farm Corporate Park
83 Wooster Heights Road, Suite 125, Danbury**

During this interesting and informative discussion, we will cover specifics of the plan and answer all your questions to get you started.

Why not consider making this commitment to your health?

Call us today at Your Best Health 475.289.7877 or email us at info@yourbesthealthllc.com for more information or to register!

Lee Farm Corporate Park
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Suite 125
Danbury, Ct 06810

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